

## Damascus Leadership Retreat

### **\*\*Sample Schedule\*\***

*This sample schedule is supplied to help educators learn more about booking a retreat with Damascus. Any attempt to reproduce or mimic the content of the retreat for other purposes is prohibited. If you would like more information about the content of the retreat, please call the Damascus office at 740.480.1288*

Day 1: Wednesday	
10:00	Arrival / Move to Cabins / Opening Small Group
10:45	Opening Session
11:15	Course 1
12:45	Lunch
1:30	Course 2
3:00	Course 3
4:30	Course 4
6:00	Dinner
7:00	Club Session 1: Come, Follow Me
9:00	Small Group
9:30	Evening Games and Snack
10:00	Ready for Bed

Day 2: Thursday	
8:00	Rise and Shine
8:30	Breakfast
9:15	Morning Prayer Lab
10:00	Course 5
11:30	Course 6
1:00	Lunch
2:00	Course 7
3:30	Course 8
5:00	Mass
6:00	Dinner
6:45	Club Session 2: The Life of a Follower
9:15	Small Group
10:00	Fun
10:45	Ready for Bed

Day 3: Friday	
7:30	Rise and Shine
8:00	Breakfast
8:45	Prayer Lab
9:30	Course 9
11:00	Final Session: Called and Gifted
12:00	Lunch
1:00	Departure

Activities/Courses:

- 3 Low Ropes courses
- High Ropes
- Archery Tag
- Vertical Playpen
- Blind Leading the Blind
- Survival Simulation
- Scavenger Hunt